



Digestive Health
Institute

Presents the

2025 Digestive Health Symposium

September 26—27, 2025

Balboa Bay Resort
Newport Beach, California

September 28, 2025

Hoag Hospital Irvine Campus
Irvine, California



Program Director

Kenneth J. Chang, MD

MASGE, AGAF, FACG, FJGES, FAFS

Executive Medical Director, Hoag Digestive Health Institute;
James & Pamela Muzzy Endowed Chair in GI Cancer



Keynote Presenter

Haruhiro Inoue, MD

PHD, FJGES, FASGE

Professor & Chairman, Digestive Diseases Center,
Showa University Koto Toyosu Hospital, Tokyo Japan
Emeritus President of JGES (Japan Gastroenterological
Endoscopy Society)



Register at hoag.org/dhi2025

Conference *Overview*

Join global thought leaders in digestive health for a dynamic program featuring live cases, expert presentations, and interactive panels. Designed for gastroenterologists, general surgeons, physician extenders, primary care providers, and nurses, the sessions will cover key topics such as foregut, motility, pancreaticobiliary, bariatrics, hepatology, and IBD. Plus, don't miss a special half-day hands-on experience with the latest endoscopic technologies on Sunday, September 28.

Distinguished Faculty



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Professor & Chairman, Digestive Diseases Center,
Showa University Koto Toyosu Hospital, Tokyo Japan
Emeritus President of JGES (Japan Gastroenterological
Endoscopy Society)

Invited Faculty

Avni Jain, MD, FRPC

Gastroenterologist, Vancouver General
Hospital

Linda Ahn B. Nguyen, MD, FACG, AGAF

Clinical Professor of Medicine, Interim
Clinic Chief of Digestive Health Center,
Stanford University

Mazen Nouredin, MD, MHSc

Professor of Medicine, Transplant
Hepatologist, Houston Methodist Hospital

Brennan M. Spiegel, MD, MSHS

Professor of Medicine, Director of Health
Services, Cedars-Sinai Medical Center

Amy M. Tyberg, MD, FASGE, FACG

Professor of Clinical Medicine, Associate
Chief of Interventional and Therapeutic
Endoscopy, Hackensack Meridian School
of Medicine, Hackensack Meridian Health

Hoag Faculty

Donald Abraham, MD

Gastroenterologist
Hoag Digestive Health Institute

David T. Ahn, MD, MPH

Endocrinologist, Chief of Diabetes Services
Kris V. Iyer Endowed Chair in Diabetes Care
at The Mary and Dick Allen Diabetes Center

Katherine S. Blevins, MD

Bariatric and Foregut Surgeon
Hoag Digestive Health Institute

Christine Chung, DO

Hepatobiliary & Pancreas Surgeon
Hoag Family Cancer Institute

Melissa L. DeSouza, MD

Bariatric and Foregut Surgeon
Hoag Digestive Health Institute

**Adrian B. Dobrowolsky, MD, FACS,
FASMBS**

Bariatric and Foregut Surgeon, Director
of Bariatric Weight Loss Program

Christy M. Dunst, MD, FACS, FAFS

Chief of Foregut Program
Hoag Digestive Health Institute

Tse-Ling Fong, MD

Director, Hoag Liver Program
Hoag Digestive Health Institute

Jared A. Forrester, MD
Hepatobiliary & Pancreas Surgeon
Hoag Family Cancer Institute

Caroline Hwang, MD
Program Director, Margolis Family
Inflammatory Bowel Disease Program
Hoag Digestive Health Institute

Christina N. Jenkins, MD, FACS, FASCRS
Colorectal Surgeon
Hoag Digestive Health Institute

Ravi J. Kankotia, MD
Advanced Endoscopy
Hoag Digestive Health Institute

Paul J. Korc, MD
Medical Director, GI Laboratory
Hoag Digestive Health Institute

Rashmi Kumar, MD
Gastroenterologist
Hoag Digestive Health Institute

Brian T. Lee, MD
Hepatologist
Hoag Digestive Health Institute

Elizabeth R. Raskin, MD
Surgical Director, Margolis Family
Inflammatory Bowel Disease Program
Hoag Digestive Health Institute

Daryl P. Pearlstein, MD
Director, Thoracic Surgery & the Lung
Cancer Program
Hoag Family Cancer Institute

David R. Braxton, MD
Pathologist
Hoag

Ronald R. Wolf, MD
Medical Director, Hepatobiliary and
Pancreatic Surgery Program
Hoag Family Cancer Institute

Abhay Parikh, MD
Gastroenterologist
Eric & Shiela Samson Endowed Chair in
Gastrointestinal Health
Hoag Digestive Health Institute

Trushar J. Patel, MD
Chief of Interventional Radiology,
Newport Harbor Radiology Associates,
Hoag Hospital

Jennifer Phan, MD
Medical Director, Hoag Irvine Advanced
Endoscopy; Director of Bariatric
Endoscopy

Patrick Lee, MD
Hepatologist
Hoag Digestive Health Institute

Catherine B. Ngo, MD
Program Director, Hoag Motility Program
Hoag Digestive Health Institute

Puong (Phoenix) Nguyen, MD
Medical Director, Hoag Newport Beach
Advanced Endoscopy



Educational Objectives

Foregut/GERD Session

- Recognize evolving technology for diagnosis and treatment of esophageal disorders
- Explore options for difficult to treat GERD
- Identify recent advances in Barrett's Esophagus detection and treatment

Pancreas/Biliary Session

- Describe the importance of a multidisciplinary approach in managing IgG4-related diseases
- Demonstrate endoscopic techniques for the evaluation of liver disease
- Evaluate the impact of new surgical techniques on complications and mortality rates

Bariatric Session

- Provide updates on current and future GLP-1 based medications including upcoming clinical trials
- Provide updates on bariatric surgery options including primary and revisional options, medical inclusion criteria and future therapies
- Evaluate the benefits of a comprehensive weight and metabolic center of excellence, including education on updated medical, endoscopic and surgical therapies

- Analyze the clinical outcomes and benefits of endoscopic weight loss and metabolic therapies, focusing on endoscopic sleeve gastropasty for weight loss and duodenal mucosal resurfacing techniques for T2DM

Hepatology Session

- Discuss the prevalence of MASLD in Asian populations and the limitations of BMI in diagnosis
- Identify best practices for cirrhotic liver management to reduce readmissions and improve quality of life
- Highlight the role of locoregional treatment of hepatocellular carcinoma, along with emerging technologies such as histotripsy in liver cancer treatment

IBD Session

- Discuss developments in medical management and technology in improving outcomes in inflammatory bowel disease
- Review updated guideline on the management of anal intraepithelial neoplasia
- Assess the utility of prehabilitation and integrative approach in optimizing surgical outcomes for Crohn's disease
- Review the current evidence supporting the use of IUS in IBD



Accreditation

Hoag Memorial Hospital Presbyterian is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

Credit Designation

Hoag Memorial Hospital Presbyterian designates this educational activity for the maximum of 14.75 *AMA PRA Category 1 Credits™*. Physicians should claim credit commensurate with the extent of their participation in the activity. This credit can apply to the CMA Certification of Continuing Medical Education.

ABIM MOC Recognition Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Board of Registered Nursing

This conference has been approved by the California Board of Registered Nursing, with provider number 17163, for a total of 14.0 Contact Hours of continuing education credit for registered nurses.



Friday, September 26, 2025
Balboa Bay Resort

7:00 – 7:50 AM Registration, Breakfast, and Exhibits

Session 1 - Foregut and GERD

- 8:00 – 8:15 AM **Welcome and Program Introduction**
Dr. Kenneth Chang
- 8:15 – 8:30 AM **When PPI isn't Enough: GERD Treatment Updates**
Dr. Christy Dunst
- 8:35 – 8:50 AM **Barrett's Esophagus: When to Refer for Screening and Advanced Therapy**
Dr. Melissa DeSouza
- 8:50 – 9:05 AM **Diagnosing Achalasia with High Resolution Manometry: A Practical Approach**
Dr. Catherine Ngo
- 9:05 – 9:20 AM **FLIP the Script: How Endoflip is Improving Care in the Endoscopy Suite and OR**
Dr. Katherine Blevins
- 9:25 – 9:40 AM **Surgical Video: Putting It All Together**
Dr. Christy Dunst
- 9:40 – 10:10 AM **Morning Break, Refreshments, and Exhibits**
- 10:10 – 11:15 AM **Live Cases and Q&A**
Session Faculty, Dr. Daryl Pearlstein, and Special Guest Moderator
Dr. Haruhiro Inoue
- 11:20 – 12:15 PM **Lunch and Exhibits**
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Session 2 - Pancreas and Biliary

- 12:20 – 12:25 PM **Session Introduction**
Dr. Phoenix Nguyen and Dr. Ronald Wolf
- 12:25 – 12:40 PM **Developing a Multidisciplinary Approach for IgG4 Diagnosis and Management**
Dr. Paul Korc
- 12:45 – 1:00 PM **EUS-Guided Interventions**
Dr. Amy Tyberg
- 1:05 – 2:05 PM **Live Cases and Q&A**
Moderated by Dr. Phoenix Nguyen and Dr. Ronald Wolf
- 2:10 – 2:25 PM **Robotic Assisted Approaches to Surgical Management of Pancreas Cancer**
Dr. Jared Forrester
- 2:30 – 2:45 PM **Surgical Care of Walled Off Pancreas Necrosis**
Dr. Christine Chung
- 2:45 – 3:10 PM **Afternoon Break, Refreshments, and Exhibits**

Session 3 - Bariatric

3:15 — 3:20 PM	Session Introduction Dr. Adrian Dobrowolsky
3:25 — 3:40 PM	Endoscopic Weight Loss and Metabolic Therapies: Novel Options for Patients with Obesity and Type 2 Diabetes Dr. Jennifer Phan
3:45 — 4:00 PM	What's New and Next in Obesity Medication? Dr. David Ahn
4:00 — 4:15 PM	Surgical Video: Common Bariatric Surgical Procedures Dr. Katherine Blevins and Dr. Melissa DeSouza
4:15 — 5:15 PM	Live Cases and Q&A Dr. Adrian Dobrowolsky, Dr. Abhay Parikh, and Special Guest Moderator Dr. Haruhiro Inoue
5:15 — 5:30 PM	Bariatric Surgery is Alive and Well - Using Goal Directed Therapy in this Confusing World of Obesity Management Dr. Adrian Dobrowolsky
5:30 — 6:30 PM	Connect and Collaborate: Networking Reception

Saturday, September 27, 2025

Balboa Bay Resort

7:00 — 7:50 AM	Registration, Breakfast, and Exhibits
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Session 4 - Endoscopy: Past, Present and Future

7:55 — 8:00 AM	Welcome and Session Introduction Dr. Jennifer Phan
8:00 — 8:35 AM	Keynote Presentation: Innovations, Technology and the Future Dr. Haruhiro Inoue
8:35 — 9:10 AM	Journey with EUS/FNA/FNB, Endohepatology and GERD/TIF Dr. Kenneth Chang
9:10 — 9:20 AM	Q&A Moderated by Dr. Jennifer Phan
9:20 — 9:40 AM	Tech and Toys in the Diagnosis and Management of Foregut Motility Dr. Linda Nguyen
9:40 — 10:00 AM	Artificial Intelligence in GI: Where We've Been and Where We're Going Dr. Brennan Spiegel
10:00 AM — 10:10 AM	Q&A Moderated by Dr. Jennifer Phan
10:10 — 10:40 AM	Morning Break, Refreshments and Exhibits

Session 5 - Hepatology

10:40 — 10:45 AM	Session Introduction Dr. Tse-Ling Fong
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10:45 — 11:00 AM	Updates in Cirrhosis Management and Clinically Significant Portal Hypertension Dr. Patrick Lee
11:00 — 11:15 AM	Non-cirrhotic Portal Hypertension Dr. Brian T. Lee
11:15 — 11:30 AM	Updates in Digital Pathology and Innovation Dr. David Braxton
11:30 — 11:45 AM	Recent Advances in Locoregional Therapy for Liver Dr. Trushar Patel
11:45 — 12:15 PM	Advances in MASLD/MASH Therapeutics Dr. Mazen Nouredin
12:15 PM — 12:25 PM	Q&A Session Faculty, Moderated by Dr. Tse-Ling Fong
12:30 — 1:30 PM	Lunch and Exhibits

(This presentation not designated for CME credit)

Session 6 — IBD

1:30 — 1:35 PM	Introduction Dr. Donald Abraham
1:35 — 1:50 PM	Updates in IBD Medical Management: Navigating the Many Choices for Your Patient Dr. Caroline Hwang
1:50 — 2:05 PM	The Role of Intestinal Ultrasound in IBD: What's Behind the Growing Interest Dr. Rashmi Kumar
2:05 — 2:20 PM	Anal Intrepthelial Neoplasia: Multidisciplinary Management in Diagnosis & Treatment Dr. Christina Jenkins
2:20 — 2:35 PM	Integrative Surgery for Crohn's Disease Dr. Elizabeth Raskin
2:35 — 2:55 PM	Case Discussion and Q&A Session Faculty moderated by Dr. Donald Abraham
2:55 — 3:00 PM	Symposium Conclusion Dr. Kenneth Chang
3:30 — 5:30 PM	Breaking the Mold: Women, Innovation & the Power of Connection Special Guest Speaker: Kitty Brunswick, Co-Founder, Hoag Innovators

Sunday, September 28, 2025
Hoag Hospital Irvine

Hands-On Endoscopy

7:30 — 7:50 AM	Registration and Breakfast
8:00 — 12:00 PM	Hands-on Endoscopy Sessions
12:00 PM	Workshop Conclusion Boxed Lunch Provided

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Irvine, California



Scan QR code to register
or visit hoag.org/dhi2025

Register before July 18 to receive
20% off published registration fees.

Registration Fees

	2-Day Symposium & Hands-On Workshop	2-Day Symposium	Hands-On Workshop
Hoag Medical Staff Members	\$225	\$200	\$50
Hoag PA, NP, RN, Technologists, and Fellows	\$50 (refundable deposit)	\$50 (refundable deposit)	\$25
Physicians	\$500	\$400	\$100
PA, NP, RN, Technologists, and Fellows	\$200	\$150	\$50

Registration includes breakfast, lunch, and refreshments. Daily valet parking is \$30 per vehicle, per visit. Conference attendees are responsible for vehicle parking charges. There will be a 3% administrative fee for all cancellations.