

Hoag Spine Institute Presents

# 2025 Annual Hoag Spine Symposium

Saturday, October 18, 2025

The Waterfront Beach Resort 21100 Pacific Coast Highway Huntington Beach, CA 92648 Register at hoag.org/2025spineCME



## Conference Overview

Join us for a cutting-edge CME symposium that brings together leading experts in spine care to explore the latest advances in diagnosis, surgical techniques, regenerative therapies, and neuromodulation. This comprehensive program will feature clinical cases and evidence-based discussions centered on novel approaches to common and complex spinal conditions.

This symposium is designed for neurosurgeons, orthopedic surgeons, spine care providers, spine surgeons, neurologists, pain specialists, and rehabilitation professionals seeking to elevate their understanding of modern, patient-centered spine care.

#### **Program Objectives**

- Describe the latest strategies and guidelines for the management of acute and chronic spine pain
- Discuss innovative treatments and emerging therapies for the effective management of chronic spine pain
- Describe evolving approaches in the diagnosis and management of radiculopathy due to spinal stenosis
- Review current best practices and treatment options for managing degenerative conditions of the cervical and lumbar spine pathology
- Describe the most effective, evidence based therapeutic interventions for lumbar spine degeneration
- Explain comprehensive rehabilitation strategies for restoring spine muscle function
- Explain the recommended diagnostic workup and management options

- through the presentation of unique spine cases
- Discuss diagnostic workup and management strategies available for complex spine cases through detailed case presentations
- Differentiate between hip and sacroiliac joint problems based on clinical and diagnostic criteria

### Highlighted Topics & Case Discussions

- Stem Cells/PRP/Regenerative Medicine
- Cluneal Neuropathy in Post-Laminectomy Patients
- Multifidus Stimulation
- OPLL Management (Ossification of the Posterior Longitudinal Ligament)
- Patient-Specific Rods in Adult Spinal Deformity



Waterfront Beach Resort, a Hilton Hotel
To reserve room accomodations, call
(714) 845-8000 and ask for the Hoag Spine
Symposium rate. Rooms and rates subject to
sell out.

#### CME Designation

Hoag Memorial Hospital Presbyterian is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



#### **Credit Designation**

Hoag Memorial Hospital Presbyterian designate this educational activity for the maximum of 6.0 *AMA PRA Category 1 Credits* $^{TM}$ . Physicians should claim credit commensurate with the extent of their participation in the activity.

#### **Program Director**



Burak Ozgur, MD

Neurosurgeon Medical Director, Hoag Spine Institute

#### **Invited Faculty**

Hansen C. Bow, MD, PhD
Neurosurgeon
Assistant Professor of Neurological Surgery
LIC Irvine Health

Bowen Jiang, MD
Neurosurgeon and Spine Surgeon
Director of the Providence St. Jude
Neuroscience Institute

Andrew Messiha, MD
Pain Management, Anesthesiology
Medical Director and Owner
Precision Pain Management
Saddleback Pain and Surgical Center

Bethany O'Connor, MD Chief Physician and Founder of ReAbility MD

Martin H. Pham, MD Neurosurgeon Associate Professor of Neurological Surgery UC San Diego Health

Andrew C. Vivas, MD Neurosurgeon UCLA Health

#### **Hoag Faculty**

Karim B. Fahmy, DO Pain Management Hoag Spine Institute Hoag Center for Pain Management

Nathan Han, MD Neurosurgeon Hoag Spine Institute

Janneinne Le, PA-C Physician Assistant Hoag Spine Institute

Richard Lee, MD
Orthopedic Surgeon
Hoag Orthopedic Institute

Aaron Przybysz, MD, PhD
Pain Management
Chief of Pain Medicine,
Hoag Specialty Clinic
Medical Director, Hoag Pain Management
Hoag Spine Institute

Kunal R. Sinha, MD Pain Management Hoag Medical Group

Jeremy S. Smith, MD
Orthopedic Spine Surgeon
Chief of Spine Surgery
Director, Spine Surgery Fellowship
Hoag Orthopedic Institute
Orthopedic Specialty Institute

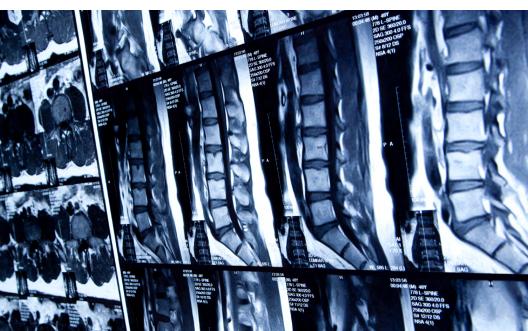
Sarah Vargas, MPSA, PA-C Pain Medicine Physician Assistant Hoag Spine Institute

Erin Wood, PA-C Physician Assistant Hoag Spine Institute

#### Symposium Agenda

7 – 8 AM	Breakfast, Registration and Exhibits
8 — 8:05 AM	Welcome and Introduction to Hoag Spine Institute Jeremiah Yang
8:05 — 8:15 AM	Comprehensive Spine Care Burak Ozgur, MD
8:15 — 8:45 AM	Case 1/Panel A Kunal Sinha, MD; Aaron Przybysz, MD; Bethany O'Connor, MD; Nathan Han, MD; Janneinne Le, PA-C
8:45 — 9 AM	Cluneal Neuropathy in Post-Laminectomy Kunal Sinha, MD
9 — 9:30 AM	Case 2/Panel B Kunal Sinha, MD; Aaron Przybysz, MD; Bethany O'Connor, MD; Nathan Han, MD; Janneinne Le, PA-C
9:30 — 9:45 AM	Multifidus Stimulation Aaron Przybysz, MD
9:45 — 10:15 AM	Morning Break and Exhibits
10:15 — 10:45 AM	Case 3/Panel C Aaron Przybysz, MD; Karim Fahmy, DO; Nathan Han, MD;
	Hansen Bow, MD; Sarah Vargas, PA-C
10:45 — 11 AM	Hansen Bow, MD; Sarah Vargas, PA-C  Stem Cells, PRP, and Regenerative Medicine Karim Fahmy, DO
10:45 — 11 AM 11 — 11:30 AM	Stem Cells, PRP, and Regenerative Medicine
	Stem Cells, PRP, and Regenerative Medicine Karim Fahmy, DO  Case 4/Panel D  Aaron Przybysz, MD; Karim Fahmy, DO; Nathan Han, MD;
11 — 11:30 AM	Stem Cells, PRP, and Regenerative Medicine Karim Fahmy, DO  Case 4/Panel D Aaron Przybysz, MD; Karim Fahmy, DO; Nathan Han, MD; Hansen Bow, MD; Sarah Vargas, PA-C

1:30 — 1:45 PM	OPLL Management Nathan Han, MD
1:45 — 2:15 PM	Case 6/Panel F Janneinne Le, PA; Andrew Messiha, MD; Bowen Jiang, MD; Karim Fahmy, MD; Andrew Vivas, MD
2:15 — 2:45 PM	Afternoon Break and Exhibits
2:45 — 3:15 PM	Case 7/Panel G Bethany O'Connor, MD; Martin Pham, MD; Richard Lee, MD; Jeremy Smith, MD; Erin Wood, PA-C
3:15 — 3:30 PM	Patient-Specific Rods in Adult Spinal Deformity Martin Pham, MD
3:30 — 4 PM	Case 8/Panel H Bethany O'Connor, MD; Richard Lee, MD; Jeremy Smith, MD; Martin Pham, MD; Erin Wood, PA-C
4 — 6 PM	Connections in Spine Care: Networking Reception Offshore 9 (located at the rooftop bar of the Waterfront Beach Resort)



#### **Registration Information**

Hoag Spine Institute Presents the Hoag Spine Symposium Saturday, October 18, 2025 The Waterfront Beach Resort Huntington Beach, California





Register online at hoag.org/2025spineCME

#### **Registration Fees**

Early Bird Registration valid through August 15, 2025

MD/DO: \$100

RN/NP/PA/PT/OT: \$50

Fellow: \$50

Hoag employed RN/NP/PA/PT/OT:

Complimentary with \$50 refundable deposit

General Registration valid after August 15, 2025

MD/DO: \$150

RN/NP/PA/PT/OT: \$75

Fellow: \$75

Hoag employed RN/NP/PA/PT/OT:

Complimentary with \$50 refundable deposit

#### Cancellations

A 3% administrative fee will apply to all cancellations. Written cancellations will be accepted until October 10.