

# Hoag Mental Health and Substance Use Disorders Conference



Friday, May 20, 2022 | 7:15 a.m. – 5:15 p.m.

Waterfront Beach Resort | 21100 Pacific Coast Highway, Huntington Beach, CA 92648

Register at: [www.hoag.org/events](http://www.hoag.org/events)

## Program Description

Pickup Family Neurosciences Institute at Hoag invites you to attend an educational program addressing mental health as well as treatment and recovery strategies for substance use disorders. A team of experts will explore current practices, underlying causes, coping strategies, and the latest research pertaining to addiction.

Designed for: Physicians, Nurses, Addiction Medicine Specialists including Drug & Alcohol Counselors, Licensed Clinical Social Workers, and Marriage & Family Therapists

## Program Presenters

### Lauren Bennett, PhD, ABPP-CN

Director of Neuropsychology, Hoag

### Steven Ey, MD, DFASAM

Distinguished Fellow American Society of Addiction Medicine  
Chief of Service, Hoag Addiction Treatment Centers  
Pickup Family Neurosciences Institute

### Deidre Fitzpatrick MSN, RN, CARN

Chief Operating Officer, Hired Power

### Earl Klebe, LCSW, CSAT

Primary Therapist  
SolMar Residential Treatment Center, Hoag

### Matthew J. Reed, MD

Medical Director of Psychiatric Services for Pain and Addiction  
Director of SolMar Residential Program

### Sina Safahieh, MD

Psychiatrist Program Director  
ASPIRE at Hoag  
Pickup Family Neurosciences Institute

### Lesley A. Tate-Gould, PsyD. SEP

Co-Founder and Clinical Director  
Lido Wellness

### Valeri Trezise, LMFT

Certified EMDR Therapist  
CEO of Be Still Psychotherapy

## Program Agenda

7:15 – 8:10 a.m.	Registration, Breakfast and Exhibits
8:10 – 8:15 a.m.	Welcome and Program Objectives Steven Ey, MD, DFASAM
8:15 – 9:15 a.m.	Opioid Use Disorder Treatment: Twenty Years Since the Introduction of Buprenorphine Steven Ey, MD, DFASAM
9:15 – 10:15 a.m.	Difficult Patient Encounters: Pain and Psychiatric Comorbidity in Addiction Matthew J. Reed, MD
10:15 – 10:30 a.m.	Morning Break and Exhibits
10:30 – 11:30 a.m.	Mental Health Providers and the Pandemic Valeri Trezise, LMFT
11:30 a.m. – 12:30 p.m.	COVID-19 and Adolescent Mental Health Sina Safahieh, MD
12:30 – 1:30 p.m.	Lunch and Exhibits
1:30 – 2:30 p.m.	Integrative Healing: Bringing greater healing through embodied practice Lesley A. Tate-Gould, PsyD. SEP
2:30 – 3:30 p.m.	Let's Talk About Sex! Earl Klebe, LCSW, CSAT
3:30 – 3:45 p.m.	Afternoon Break and Exhibits
3:45 – 4:45 p.m.	Mental Health Needs and Treatment in Older Adults Lauren Bennett, PhD, ABPP-CN
4:45 – 5:15 p.m.	Bridging the Gap Between Medical and Behavioral Health Services Deidre Fitzpatrick MSN, RN, CARN

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## Continuing Education

### CME

**Accreditation:** Hoag Memorial Hospital Presbyterian is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

**Credit Designation:** Hoag Memorial Hospital Presbyterian designate this virtual educational activity for the maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim credit commensurate with the extent of their participation in the activity. This credit can apply to the CMA Certification of Continuing Medical Education.

### BRN

Hoag Hospital is approved by the California Board of Registered Nurses, provider number 17163, for a total of 8.0 contact hours of continuing education credit for registered nurses.

### CCAPP (CACDC/Drug and Alcohol Counselors)

Hoag is an approved California Consortium of Addiction Programs and Professionals (CCAPP) Provider. This program is approved for 7.5 CCAPP credits, Provider Number 3-22-345-0524.

## Program Objectives

- Describe the Cal Hospital Compare Opioid Honor Roll Program and its application in the treatment of Addiction Medicine and recognize forms of stigma associated with the portrayal and treatment of opioid use disorders
- Recognize potential pathologic personality traits complicating addiction treatment and appropriately select communication styles most likely to facilitate ongoing substance use treatment
- Address the topic of mental health providers and the impact of the COVID-19 pandemic
- Describe the mental health impact on children and adolescents due to COVID-19 and associated lockdowns/restrictions
- Define the SIBAM model from Somatic Experiencing, a framework that includes orienting patients toward identifying their sensations, images, behaviors, embodied affect states and meanings
- Identify the unique challenges in treating sexual addiction and identifying barriers to treatment
- Describe the unique mental health needs of older adults and the current research on best, evidence-based practices
- Define the Behavioral Evaluation and Addiction Management (BEAM) team and why this response team was developed as well as identify how to bridge the gap between medical and behavioral care across the continuum of care

## Program Registration

**MD/DO/PA-C:** \$200    **CAADE/CADC:** \$100  
**RN/NP:** \$100    **Hoag RN/LCSW:** \$50 Refundable Deposit  
**LMFT:** \$100    Link to program registration:  
**LCSW:** \$100    [hoag.org/events](https://hoag.org/events)



Addiction Treatment  
+SolMar Recovery

