

Hoag Digestive Health Institute presents:

2023 Digestive Health Symposium

Saturday, October 14, 2023

8 a.m. – 4:30 p.m. (Registration and Breakfast 7:15 – 8 a.m.)

The Waterfront Beach Resort, A Hilton Hotel

21100 Pacific Coast Hwy

Huntington Beach, California 92646

In-person and Virtual Symposium

COURSE DIRECTOR

Elizabeth R. Raskin, M.D.

Surgical Director

Margolis Family Inflammatory Bowel Disease Program

Register at

www.hoag.org/DigestiveHealthSymposium



hoag.

Digestive Health
Institute

OVERVIEW

CONFERENCE OVERVIEW

Join your clinical colleagues at Hoag's 2023 Digestive Health Symposium on Saturday, October 14, in Huntington Beach, California. This daylong educational and networking event will focus on the latest medical and surgical advances in digestive health. Presentations and interactive panels will focus on the latest advancements in inflammatory bowel disease (IBD); steatotic liver disease, colorectal cancer, and metastasis, gastroesophageal reflux (GERD), hepato-pancreato-biliary (HPB) surgery; medical and surgical approaches to weight loss; and interventional endoscopy including transoral incisionless fundoplication (TIF) and endoscopic biliary interventions. Special focus will be given to the gut microbiome, the role that nutrition plays in whole-body health, integrative medicine, and the mind-body connection for GI health.

DESIGNED FOR

This program is designed for gastroenterologists, general surgeons, oncologists, primary care physicians, physician assistants, nurse practitioners and registered nurses.

EDUCATIONAL OBJECTIVES

- State the role of emerging technologies and treatments for medical and surgical management of digestive diseases
- Evaluate surgical and medical management options available in the treatment of digestive diseases
- Outline guidelines for the monitoring and management of acute and chronic digestive diseases
- Describe evidence-based medicine in the diagnosis and management of digestive disease
- Discuss the mind-body connection and its implications for GI health
- Highlight the importance of Integrative Medicine Education for GI providers
- Focus on the role of the gut microbiome with whole-body health and disease evolution
- Explain the brain gut connection and its evolution
- Describe small intestine bacterial overgrowth and how to make the diagnosis
- Interpret dietary myths about diverticular disease and to describe the role for fiber in diverticular disease
- Explain the connection between dysbiosis and steatotic liver disease
- Describe the evaluation of pancreatic cysts and how to assess for risk of malignancy
- Review the value of an integrative medicine education
- Discuss the psychological evaluation of patients seeking bariatric care
- Review the role of special diets as treatment for inflammatory bowel disease (IBD)
- Discuss the role of endoscopic therapy for treatment of GERD

- Review cases of digestive disorders and identify appropriate dietary interventions
- Discuss the impact of sugar and nutrition on colorectal cancer treatment
- Discuss the implications the microbiome has on colorectal cancer metastasis
- Describe cutting-edge endoscopic biliary interventions for complex biliary conditions
- Explain a multidisciplinary approach to the management of necrotizing pancreatitis
- Review the impact that neurodegenerative diseases such as Parkinson's disease have on GI function
- Discuss the medical and surgical pathway of the patient with obesity
- Review complex GI cases and the multidisciplinary approach to therapy

CME ACCREDITATION

Accreditation

Hoag Memorial Hospital Presbyterian is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.



Credit Designation

Hoag Memorial Hospital Presbyterian designates this educational activity for the maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim credit

commensurate with the extent of their participation in the activity. This credit can apply to the CMA Certification of Continuing Medical Education.

VENUE AND ACCOMMODATIONS



This symposium will be held at the Waterfront Beach Resort, A Hilton Hotel, located at 21100 Pacific Coast Highway, Huntington Beach, California. Reservations should be made **prior to Friday, September 22, 2023**. This room block will no longer be available after this date. The hotel phone number is 714-845-8000. When calling the resort direct, please provide the group name "HOAG Digestive Health Symposium" and key word "HOAG". Room rates at the Waterfront Beach Resort start at \$385 per night, plus applicable taxes/resort fees, per room, based upon availability.

COURSE AGENDA

OCTOBER 14, 2023

- 7:15 – 8:00 a.m. **Registration, Breakfast and Exhibits**
- 8:00 – 8:15 a.m. **Welcome and Program Objectives**
- 8:15 – 8:30 a.m. **The Enteric Nervous System, a Historical and Evolutionary Perspective**
C. Phillip O’Carroll, M.D.
- 8:30 – 8:45 a.m. **Got Bloat? Let’s Talk About SIBO!**
Catherine B. Ngo, M.D.
- 8:45 – 9:00 a.m. **No Seeds, Nuts or Popcorn! Myths And Truths of Diverticular Disease**
Elizabeth R. Raskin, M.D.
- 9:15 – 9:30 a.m. **Microbiome and NASH**
Brian Lee, M.D.
- 9:30 – 9:45 a.m. **Mucinous Pancreatic Cyst: Risk Stratification and Management**
Robert R. Selby, M.D.
- 9:45 – 10:15 a.m. **Morning Break and Exhibits**
- 10:15 – 11:00 a.m. **Keynote Address:**
The Value of An Integrative Medicine Education for Digestive Disease
Victoria Maizes, M.D.
- 11:00 – 11:15 a.m. **Psychological Challenges for the Patient with Obesity**
Kelly Scheneman, Psy.D.
- 11:15 – 11:30 a.m. **Food for Thought: The Evolving Role of Diet in the Treatment of IBD**
Caroline Hwang, M.D.
- 11:30 – 11:45 a.m. **Balancing the Gut Microbiome: Tracking GERD through Endoscopic Therapy**
Phuong (Phoenix) Nguyen, M.D.
- 12:15 – 1:00 p.m. **Lunch and Exhibits**



1:00 – 1:45 p.m.	<p>Nutrition Panel Discussion Chelsea Konrath, R.D.N. Catherine Ngo, M.D. Pollyanna Wong, P.A.-C. Brian Lee, M.D. Caroline Hwang, M.D.</p>
1:45 – 2:00 p.m.	<p>Too Sweet? The Impact of Sugar on Cancer and Chemotherapy Carlos R. Becerra, M.D.</p>
2:00 – 2:15 p.m.	<p>Small Bugs Cause Big Problems: The role of the microbiome in liver metastasis Ronald R. Wolf, M.D.</p>
2:15 – 2:30 p.m.	<p>Big Problems with Small Solutions! Endoscopic Biliary Interventions Paul Korc, M.D.</p>
2:30 – 2:45 p.m.	<p>Necrotizing Pancreatitis: Winning with a team approach Jared Forrester, M.D.</p>
2:45 – 3:30 p.m.	<p>Break and Exhibits Pollyanna Wong, P.A.-C.: Aromatherapy Experiential</p>
3:30 – 3:45 p.m.	<p>Gut Health and The Neurology Patient Mindy Bixby, D.O.</p>
3:45 – 4:00 p.m.	<p>The Bariatric Patient Journey: A multi-disciplinary model Katherine S. Blevins, M.D.</p>
4:00 – 4:30 p.m.	<p>Panel Discussion: Challenging Multidisciplinary Cases in Digestive Health Katherine S. Blevins, M.D. Elizabeth Raskin, M.D. Ronald Wolf, M.D. Phoenix Nguyen, M.D. Moderated by: Tse-Ling Fong, M.D.</p>

REGISTRATION INFORMATION

- In-person Physician and Physician Assistant Registration: \$150
- In-person Nurse Registration: \$100
- Virtual Registration: \$75

Daily valet parking is \$15 per vehicle, per visit. Conference attendees are responsible for their parking charges.

Register at www.hoag.org/DigestiveHealthSymposium

KEYNOTE PRESENTATION

Victoria Maizes, M.D.

Executive Director,
Arizona Center for Integrative Medicine
Professor of Medicine,
Family and Community Medicine, and Public Health,
University of Arizona

HOAG FACULTY

Carlos R. Becerra, M.D.

Medical Director of Cancer Research
Hoag Family Cancer Institute

Mindy Bixby, D.O.

Neurologist
Salsbury Family Movement Disorders Program

Katherine S. Blevins, M.D.

Bariatric Surgeon
Hoag Digestive Health Institute

Tse-Ling Fong, M.D.

Director, Hoag Liver Program

Jared A. Forrester, M.D.

General Surgeon

Chelsea Honrath, R.D.N.

Hoag Digestive Health Institute

Caroline Hwang, M.D.

Program Director, Margolis Family Inflammatory
Bowel Disease Program

Paul J. Korc, M.D.

Medical Director, GI Laboratory

Brian Lee, M.D.

Gastroenterologist
Hoag Digestive Health

Catherine B. Ngo, M.D.

Program Director, Hoag Motility Program

Phuong (Phoenix) Nguyen, M.D.

Program Advisor, Advanced Endoscopy

C. Phillip O'Carroll, M.D.

Program Director,
Neurobehavioral Medicine Program
at Hoag Pickup Family Neurosciences Institute

Elizabeth R. Raskin, MD

Surgical Director, Margolis Family
Inflammatory Bowel Disease Program

Matthew Reed, M.D.

Chief of Service,
Inpatient Pain and Outpatient Addiction
Medical Director, SolMar Residential Program

Kelly Scheneman, Psy.D.

Clinical Psychologist

Robert R. Selby, M.D.

Director, Hoag Pancreas and Hepatobiliary Cancer
Program Director

Ronald R. Wolf, M.D.

Surgical Oncologist, Hoag Family Cancer Institute

Pollyanna Wong, P.A.-C.

Hoag Digestive Health Institute

