



Hoag Mental Health & Substance Use Disorders Symposium

Friday, June 28, 2024 | 7:15 a.m. – 3:45 p.m.

Waterfront Beach Resort, A Hilton Hotel
Huntington Beach, California



www.hoag.org/MentalHealthCME

Program Description

Hoag invites you to attend an educational program directed toward treatment and recovery strategies for substance abuse and addiction as well as mental health. A team of experts will explore current practices, underlying causes, coping strategies, and the latest research pertaining to addiction and mental health.

This program is designed for physicians, physician assistants, licensed/certified drug and alcohol counselors, licensed clinical social workers, marriage and family therapists, nurse practitioners and registered nurses.

Program Objectives

- Recognize importance of continuing buprenorphine in the perioperative period to prevent relapse and optimally manage pain
- Analyze the unique challenges and risk factors associated with SUD and mental health issues in the older adult population
- Explain the risks of substance use/abuse during pregnancy for maternal and child outcomes
- Give examples of the specific challenges and needs of athletes, and how these can be effectively addressed through tailored psychotherapeutic approaches
- Evaluate rise of alcohol use disorder and alcohol-associated liver disease
- Describe how to properly diagnosis and manage alcohol-associated hepatitis
- Explain liver transplantation: When is the right vs. wrong time?
- Gain insight into mental health challenges faced by adolescents and young adults, including biological, psychological and social factors influencing their mental well-being
- Gain insight into current trends in addiction and the adolescent and young adult populations
- Describe the spectrum of dementia due to substance abuse and how these types of dementia differ from typical dementias
- Identify the current recommendations for laboratory and neuroimaging screening for reversible causes of cognitive impairment
- Recognize implicit bias in the language used to describe substance use disorder patients and identify current nomenclature that helps support recovery and reduces stigma

Program Presenters

Lauren Bennett, Ph.D., A.B.P.P.-C.N.

Director of Neuropsychology
Director of Psychology Externship Training
Clinical Supervisor
Orange County Vital Brain Aging Program

Michael Brant-Zawadzki, M.D., F.A.C.R.

Vice President
Clinical Research Administration
CATALiST (Center for Accelerating
Technology and Life Sciences Translation)
Addiction Services

Steven Ey, M.D., D.F.A.S.A.M.

Distinguished Fellow American Society of
Addiction Medicine
Chief of Service
Hoag Addiction Treatment Centers

Brittany Johns, L.M.F.T.

Lead Therapist
SolMar Residential Program

Dana Kalionzes, C.A.D.C.II, I.C.A.D.C.

Supervisor, Addiction Care
SolMar Residential Program

Brian T. Lee, M.D.

Gastroenterologist
Hoag Digestive Health Institute

Matthew Reed, M.D., M.S.P.H.

Chief of Service, Inpatient Pain and
Outpatient Addiction
Medical Director
SolMar Residential Program
Director of Consultation Liaison Psychiatry

Aaron R. Ritter, M.D.

Program Director, Memory & Cognitive
Disorders Program
Larkin Family Endowed Chair in Integrative
Brain Health
Pickup Family Neurosciences Institute

Sina Safahieh, M.D.

Psychiatrist
Program Director, ASPIRE at Hoag

Mercedes Szpunar, M.D., Ph.D.

Physician Director
Hoag Maternal Mental Health Program
Hoag Women's Health Institute



Agenda

- 7:15 – 8:15 a.m. **Registration, Breakfast and Exhibits**
- 8:15 – 8:30 a.m. **Welcome**
Dr. Steven Ey and Dr. Michael Brant-Zawadzki
- 8:30 – 9:20 a.m. **Perioperative Buprenorphine Management**
Dr. Matthew Reed
- 9:20 – 10:10 a.m. **Addressing SUD and Mental Health in
Olders Adults**
Brittany Johns, L.M.F.T. and
Dana Kalionzes, C.A.D.C.II, I.C.A.D.C.
- 10:10 – 10:30 a.m. **Break and Exhibits**
- 10:30 – 11:20 a.m. **Substance Use in Pregnant Women**
Dr. Mercedes Szpunar
- 11:20 a.m. – 12:10 p.m. **Unlocking the Athlete’s Mind: Unique Insights
from Conducting Psychotherapy Targeting Peak
Performance On and Off the Field**
Dr. Lauren Bennett
- 12:10 – 1:15 p.m. **Lunch and Exhibits**
- 1:15 – 2:05 p.m. **Rising Mortality from Alcohol-associated Liver
Disease: A Growing Problem**
Dr. Brian Lee
- 2:05 – 2:55 p.m. **Navigating Challenges of Adolescent and Young
Adult Mental Health and Addiction**
Dr. Sina Safahieh
- 2:55 – 3:45 p.m. **Dementia due to Substances-Pathophysiology,
Clinical Presentations and Treatment**
Dr. Aaron Ritter
- 3:45 p.m. **Closing Comments**
Dr. Steven Ey

Registration Fee

- Hoag RN, LCSW, LMFT, Counselors staff: Complimentary with \$50 refundable deposit
- MD: \$175
- NP/PA: \$125
- RN: \$125
- LCSW/LMFT, Therapist: \$125
- Licensed/Certified Drug Alcohol Counselors: \$100

Register at hoag.org/MentalHealthCME

Registration fee includes CEU/CME credit, breakfast and lunch.

Physicians and Physician Assistants

Accreditation: Hoag Memorial Hospital Presbyterian is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

Credit Designation: Hoag Memorial Hospital Presbyterian designate this educational activity for the maximum of 6.0 *AMA PRA Category 1 Credits™* (6.0 credits). Physicians should claim credit commensurate with the extent of their participation in the activity.

This credit can apply to the CMA Certification of Continuing Medical Education.

Nurses and Nurse Practitioners

This conference has been approved by the California Board of Registered Nursing, with provider number 17163, for a total of 7.0 Contact Hours of continuing education credit for registered nurses.

LMFT/LCSW

This course meets the qualifications for 6.0 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences and Board of Registered Nursing. Course completion certificates will be awarded at the completion of the training. The Melinda Hoag Smith Center for Healthy Living has been approved by the California Association of Marriage and Family Therapists (# 139248) to sponsor continuing education for LCSW's, MFT's, LPCC's and LEP's. The Melinda Hoag Smith Center for Healthy Living maintains responsibility for this program/course and its content.

Drug and Alcohol Counselors

This conference has met all requirements as set forth by the California Consortium of Addiction Programs and Professionals (CCAPP)