

Pickup Family Neurosciences Institute Presents

2024 Neuroscience Nursing Symposium

Saturday, November 16, 2024

7 A.M. – 4:45 P.M. (Breakfast and Registration 7 – 7:50 A.M.)

The Waterfront Beach Resort, A Hilton Hotel
Huntington Beach, California

In-person Symposium



Pickup Family
Neurosciences Institute



Supported by philanthropy through the Hoag Hospital Foundation

www.Hoag.org/NeuroNursingSymposium

Conference Overview

This program will focus on the latest research and evidence-based practices in the care of neurological patients. The multidisciplinary speakers will explore current and future innovations in neurosciences that will lead to optimal patient outcomes. This educational symposium is designed for nurses and other health care professionals interested in advancing their knowledge of neurosciences.

Conference Venue and Accommodations

The Waterfront Hilton Beach Resort, Huntington Beach, California

This 2024 Neuroscience Symposium will be held at The Waterfront Hilton Beach Resort located in Huntington Beach. The oceanfront hotel is within a 15-minute walk of Pacific City and Huntington Beach Pier, offering many shopping and restaurant options. The Waterfront Hilton Beach Resort is conveniently

located one hour from Los Angeles International Airport (LAX) and just minutes away from John Wayne Airport, Orange County (SNA). A room block has been secured for this meeting through Friday, October 25, 2024, after which the room block will be released. Room block rates for this event begin at \$325.00 + resort fees and taxes, per evening. Overnight guest parking is available for \$30 per vehicle and daily parking is \$15 per vehicle. To make a room reservation, call 714-845-8000 and ask for the Hoag Neuroscience Nursing Symposium room block or book online at **www.Hoag.org/NeuroNursingSymposium** and click the hotel tab. Rooms are based on availability and subject to being sold out.

BRN Contact Hours

Hoag Hospital is approved by the California Board of Registered Nurses, provider number 17163, for a total of **6.0 contact hours** of continuing education credit for registered nurses.



Keynote Presenter

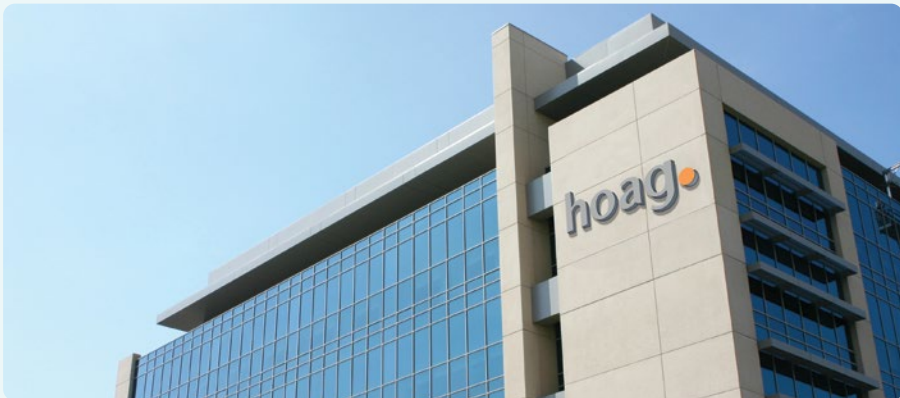
Carolyn Jones

Photographer, Filmmaker, and Author



Carolyn Jones is an award-winning photographer and filmmaker who specializes in telling stories that shed light on issues of global concern. From people “living positively” with AIDS to women artists supporting entire communities and nurses on the front lines of our healthcare system, Jones has devoted her career to celebrating invisible populations and breaking down barriers. Her most widely acclaimed book publications include *Living Proof: Courage in the Face of AIDS* and *The American Nurse*, which led to a feature documentary included

in the U.S. State Department’s American Film Showcase. Her award-winning documentary *Defining Hope*, which was the culmination of a journey investigating how we can make better end-of-life choices, was broadcast on PBS stations nationwide. Jones’ subsequent documentary *In Case of Emergency* focuses on our nation’s biggest public health challenges—from COVID-19 to a lack of health insurance to the devastating impact of the opioid crisis. Her latest film, *American Delivery*, addresses solutions to the maternal mortality crisis in the United States, and recently won the Audience Award for Best Film at the Cleveland International Film Festival, where it premiered. Carolyn was inducted into the American Academy of Nursing as an honorary Fellow for her contributions to the nursing profession.



Invited Presenter

Chris Persel, M.A., C.C.M., C.B.I.S., C.P.H.M.

Centre for Neuroskills

Hoag Presenters

Shada Abubaker, M.S.N., F.N.P.-C.

Nurse Practitioner

Hoag Palliative Care Program

Lauren L. Bennett, Ph.D.

Clinical Neuropsychologist

Pickup Family Neurosciences Institute

Aura-Lee Carr, M.S.N., R.N.

Nurse Informacist

Hoag Information Technologies

Charles J. De Mesa, D.O.

Division Chief

Physical Medicine & Rehabilitation,

and Interventional Pain

Hoag Clinic

Erin Fromm, N.P.

Nurse Practitioner

Hoag

Adam S. Kanter, M.D., M.S., M.B.A., F.A.A.N.S.

Neurosurgeon

Ron & Sandi Simon Executive Medical

Director Endowed Chair,

Pickup Family Neurosciences Institute

Chief of Neurosurgery, Hoag Specialty Clinic

Simon Khagi, M.D., F.A.C.P.

Neuro-oncologist

Medical Director of Neuro-Oncology Program

Division of Hematology/Oncology

Hoag Family Cancer Institute

Ellen Kim, L.C.S.W., A.P.H.S.W.-C.

Licensed Clinical Social Worker

Hoag Palliative Care Program

Matthew Reed, M.D., M.S.P.H.

Chief of Service, Inpatient Pain

and Outpatient Addiction

Medical Director, Hoag SolMar

Residential Program

Director of Consultation Liaison Psychiatry

Aaron R. Ritter, M.D.

Program Director, Memory & Cognitive

Disorders Program

Larkin Family Endowed Chair in

Integrative Brain Health

Pickup Family Neurosciences Institute

Program Planning Committee

Sheena Dhiman, B.S.N., M.B.A.

Director, Neurosciences Programs and Services

Audrey Johns, M.S.N., R.N.

Nurse Navigator, Multiple Sclerosis Program

Natalie Davin, B.S.N, R.N.

Curci Family Chronic Pain & Neuropathy

Nurse Navigator

Justin Vechayiem, B.S.N., R.N.

Nurse Navigator, Stroke Program

Belinda Stewart-Burger M.S.N., R.N., C.R.R.N.,

C.N.R.N., S.C.R.N.

Nurse Navigator, Movement Disorders Program

Victoria Tomczak, B.S.N., R.N., S.C.R.N.

Stroke Program Manager

Jennifer Lozano B.S.N., R.N.

Nurse Navigator, Brain Tumor Program and

Sarcoma Program

Stephanie Martins, B.S.N., R.N., P.H.N.

Memory & Cognitive Disorders Program Manager

Monica Jones, B.S.N., R.N., C.R.R.N.

Nurse Navigator, Stroke Program

Stephanie Chow, M.S.N., R.N., C.C.R.N.

Nurse Navigator, Epilepsy Program

Agenda

7:00 – 7:50 A.M.

Registration, Breakfast and Exhibits

7:50 – 8:00 A.M.

Welcome and Program Objectives

Dr. Adam Kanter

8:00 – 8:30 A.M.

Pain Assessment and Opioid Use

Dr. Matthew Reed

8:30 – 9:00 A.M.

Buprenorphine and Chronic Pain

Dr. Charles De Mesa

9:00 – 9:30 A.M.

**Cognitive Assessment, Profiles,
and Remediation in Epilepsy**

Dr. Lauren Bennett

9:30 – 10 A.M.

Morning Break and Exhibits

10 – 10:30 A.M.

**Precision Medicine: Tailored
Treatments for Neurological Disorders**

Dr. Adam Kanter

10:30 – 11:30 A.M.

**Keynote Presentation
The American Nurse:
Stories of Life Changing Impact**

Carolyn Jones

11:30 A.M. – 12:00 P.M.

**Mitigating Compassion Fatigue:
A Nursing Perspective**

Ellen Kim, L.C.S.W., A.P.H.S.W.-C.
Shada Abubaker, M.S.N., F.N.P.-C.

12 – 1 P.M.

Lunch and Exhibits

1 – 1:30 P.M.

**Novel Treatment Options
for Myasthenia Gravis**

Erin Fromm, N.P.

1:30 – 2:00 P.M.

**Managing Symptoms of Dementia:
A Practical Approach**

Dr. Aaron Ritter

2:00 – 3:00 P.M.

**From Aggression to Compliance:
Behavioral Strategies for Brain Injury
Rehabilitation**

Chris Persel, M.A., C.C.M., C.B.I.S., C.P.H.M.

3:00 – 3:15 P.M.

Afternoon Break and Exhibits

3:15 – 3:45 P.M.

**Nursing Informatics,
Making the EMR Useful**

Aura-Lee Carr, M.S.N., R.N.

3:45 – 4:15 P.M.

**The Long and Winding Road:
Neuro-Oncology in the 21st Century**

Dr. Simon Khagi

4:15 – 4:45 P.M.

Q&A Open Forum

*Agenda times subject to change

Registration Information

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Register at www.Hoag.org/NeuroNursingSymposium. Hoag staff should use their Hoag credentials to sign in when registering. Complimentary for Hoag staff with your refundable deposit.

Registered Nurse Registration Fee

- In-person registration: \$175.00
- Valet Parking Fee: \$15 per vehicle

Early Registration

Book **registration** prior to Monday, September 30 to receive \$50 off your registration fee.

Who Should Attend

This conference is intended for nurses and allied health care professionals with an interest in recent advances in the treatment of neuroscience patients.

Cancellations

Written cancellations will be accepted until October 31, 2024. No refunds will be given for cancellations received after October 31, 2024. Refunds will not be honored for no-shows. Refunds subject to a 3% administrative fee.



Clinical Objectives

- Identify the indications and contraindications of pain assessment
- Describe the techniques for assessing pain
- Outline the appropriate evaluation of the clinical significance of pain assessment
- Review pharmacologic features of buprenorphine
- Differentiate among buprenorphine formulations
- Identify appropriate candidates for buprenorphine therapy in chronic pain
- Discuss how person-first language is less stigmatizing in the treatment of Substance-Use Disorders (SUD) and how implicit bias can be perceived through language used in describing patient care
- Define the concepts and principles of precision medicine
- Discuss the role of genetic profiling and the utility of biomarkers in precision medicine
- Explore the clinical applications of precision medicine in treating neurological disorders, while analyzing the ethical and practical challenges in implementing it
- Define compassion fatigue and differentiate it from burnout
- Identify risk factors and recognize symptoms of compassion fatigue
- Identify self-care strategies to create compassion resilience
- Understand benefits of mindfulness and self-compassion as a protective factor against compassion fatigue
- Describe the pathology of generalized Myasthenia Gravis (MG) vs. ocular MG, including past treatment options
- Identify new Myasthenia Gravis (MG) treatment options:
 - a. Complement inhibitor therapies
 - b. REMS program
 - c. Meningococcal risk
- Safety FcRn Inhibitors
- Differentiate between MG early responders, late responders, and non-responders
- Discuss future perspectives of MG treatment options
- Understand the medications used to treat MCI and dementia
- Identify the impact of dementia on everyday function
- Understand a memory and cognitive disorders approach to dementia symptoms
- Identify the basic behavioral principles, the “A,B,Cs”
- Describe the potential impact of not treating behavior effectively
- Identify several general management guidelines to assist in behavioral treatment
- Define the meaning and importance of Nursing Informatics including workflow, usability, and utility
- Discuss the impact of Artificial Intelligence (AI) in nursing practice
- Describe the current standard of care treatment for glioblastoma multiforme (GBM). Summarize the importance of the tumor microenvironment indication in the treatment of brain cancer and identify the more common brain tumors, including non-malignant tumors and their treatment
- Discuss the assessment of cognitive functioning in epileptic patients and describe common cognitive profiles for patients diagnosed with epilepsy
- Describe the aim to elevate the voice of nurses in this country by capturing their personal stories through photography and film
- Discuss and describe experiences of neuroscience nurses from the American Nurse Project director/film maker